Endorsements for Susan's Motivational Presentations & Work

Susan Smith Jones speaks beautifully and brilliantly, providing solid content every time. Her knowledge of her subject matter is unassailable and she imparts that knowledge to the rest of us with such grace, respecting where each listener is right now and gently inviting all of us to move closer to ways of living that will inspire greater health and peace. Susan researches her audience and knows how to tailor a presentation to the explicit needs of the group. I have had the good fortune of being in her audience several times and I've never failed to leave without practical information to put to use right away, and the motivation to live more fully and vibrantly. If you were looking for a motivational speaker for any occasion, you would be choosing the best with Susan.

— Victoria Moran, HHC, AADA, Author of *Creating a Charmed Life* and *Fit from Within*

Dr. Susan Smith Jones has been a guest on my radio show countless times over the years. Her topics range from . . . *using foods as medicine*, *implementing surefire stress-busters*, *looking 10 years younger in 30 days*, *to living a sacred, balanced life*, *using spices to heal your body, losing weight with ease,* and *inviting silence and solitude to enrich your life*. Susan is the consummate talk show guest: she is funny, wise, articulate, positive, knowledgeable, uplifting, motivating, empowering, and absolutely radiant. Need I say more? I always take notes during her radio interviews with me because she is my source for all things related to holistic health. Even though Susan's a regular, and the most popular guest on my two talk shows, we also call on her frequently for last-minute fill-ins when someone cancels, and she's always eager and delighted to participate, even though it's usually between the early morning hours of 2:00 - 5:00 am her time.

And there's one more thing. My entire staff and I recently had an opportunity to see Susan in action, as she was giving a 45-minute motivational talk in Florida to an audience of over 1,000. We had not planned to stay for the afternoon 3-hour workshop. However, Susan is so enthralling, captivating and motivating in person, that my staff and I stayed for her workshop and we even called family and friends in the area to come join us. Her 3-hour workshop felt like about 30 minutes. Everyone in the room was overjoyed and ecstatic with Susan's two presentations that day, and with her healthy living information, and her effervescent, enthusiastic, and very-friendly personality. I heard someone sitting behind me say of Susan: *"I wish Susan was my next door neighbor. I would never be depressed and would be healthier than ever."* She is one of those rare few in life who truly "walks her talk." Sunny Susan, as I call her, is the picture of vibrant health and the personification of joy, balance, peace, happiness and youthful vitality. Whether you are in need of a guest for a radio or television talk show, or you need someone to give a dynamic motivational presentation — 30 minutes, all day or for a weekend retreat, I can't recommend Susan highly enough. She is simply the best!

— Anita Finley, Radio Talk Show Host & Publisher of *Boomer Times*

Susan Smith Jones is a Contemporary Holistic Health & Lifestyle Author & In Demand Motivational Speaker Who Inspires Her Audiences Worldwide

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If you want to learn how to be vibrantly healthy; if you would like to shave years off your looks and how you feel; if you would like to know which foods heal the body; or if you need a holistic speaker to uplift, inspire, empower and motivate you and your group to create your healthiest and best life, then Susan Smith Jones is the perfect speaker for your organization or business. I am a big admirer of Susan. Her work with NatureFoods and high-level wellness is legendary. I call her the "NatureFoods Lady" because she has been my source of inspiration and information about the wonderful world of NatureFoods for as long as I can remember. She will offer you a comprehensive understanding of the amazing health potential of nature's foods and show you how to enjoy a level of health and vitality you never dreamed possible. She will teach you how to create the youthful vigor, well-being, energy, and peace that you desire and deserve. You also will love her 3-book healthy eating and living series that is published by Hay House and is available worldwide. This ***Blissful Living*** trio set is comprised of these three books: ***The Healing Power of NatureFoods***, ***Health Bliss***, and in full-color with over 150 photographs, ***Recipes for Health Bliss: Using NatureFoods & Lifestyle Choices to Rejuvenate Your Body & Life***. Everyone should keep this set close at hand, especially in your kitchen or on your bedside table, so you can refer to them often to help you create your healthiest life. You're in for a treat as you read and savor every page of these books.

— Louise Hay, Publisher Extraordinaire and Author of *Heal Your Body*

Susan's approach is to help you to see that you are important enough to seek your own full measure of happiness and success, and that you are divine enough, just by the nature of your existence, to be heard. Susan will help you not only grasp this notion, but also to take action, beginning now, to correct any limits you may have placed on yourself.

— Wayne W. Dyer, PBS Motivational Speaker and Author of *Excuses Begone!*

When I first learned about Susan Smith Jones and her gift for guiding people to health, I could see that she knew what she was talking about. Don't let her warmth and gentle style fool you. The prescription she offers has been proven by clinical research studies. I encourage you to heed Susan's advice. It will be an easy pathway that leads from wherever you find yourself at the moment to the best health you can imagine.

— Neal D. Barnard, MD, President of Physicians Committee for Responsible Medicine and Author of *Breaking the Food Seduction*

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I had the good fortune of meeting up with Dr. Susan Smith Jones recently when we were both featured speakers at a Health & Healing Conference outside of London, England. While I've had the pleasure of hearing her speak before, she was exceptionally radiant at this European Conference. Susan's command of her subject matter is breathtaking, drawing as she does upon a lifetime's experience and research in holistic health, nutrition, and human potential. She is always supremely aware of the needs of her audience and answers questions with precision and due sensitivity. Susan's relaxed, warm, and kindly disposition puts everyone at ease, enabling her lectures, seminars, and workshops to benefit the participants to full effect. The response from her audience is one of grateful acceptance for the sharing of knowledge. Susan truly is a fountain of health expertise and wisdom which, when combined with her refreshing sense of humor and expert presentational skills, makes her events unforgettable. You'll gain much value from her books and audio programs, as I have, but if you can find a way to attend one of her motivational talks in person, you'll receive a wealth of life-changing information that will enrich every aspect of your existence — physically, mentally, emotionally, and spiritually.

— Dr. Kathy Hearn, Community Spiritual Leader, United Centers for Spiritual Living

Susan Smith Jones, PhD, first came to our attention when a business colleague saw her on a television talk show and was so impressed that he hired her to work as a leadership expert and as a motivational speaker for his company on the topic of *Wellness in the Workplace*. After seeing Susan in action, he recommended that we invite her to be our keynote speaker for one of our events; she did not disappoint us. Susan speaks with authority, grace and panache, adding in humor perfectly when describing her personal experiences and how they related to her topics at hand. During this event, most of the attendees took copious notes and were all hanging on to her every word. This positive influence and interest had never happened with any other speaker. It was one of those rare keynote addresses where every word she spoke had meaning. We initially thought we were inviting just a highly recommended motivational speaker with great credentials, but we soon all learned that this radiant orator had pearls of wisdom and guidance that we all needed to help us bring more balance into our bodies, lives and the workplace. Susan is an excellent motivational speaker.

— DuPont

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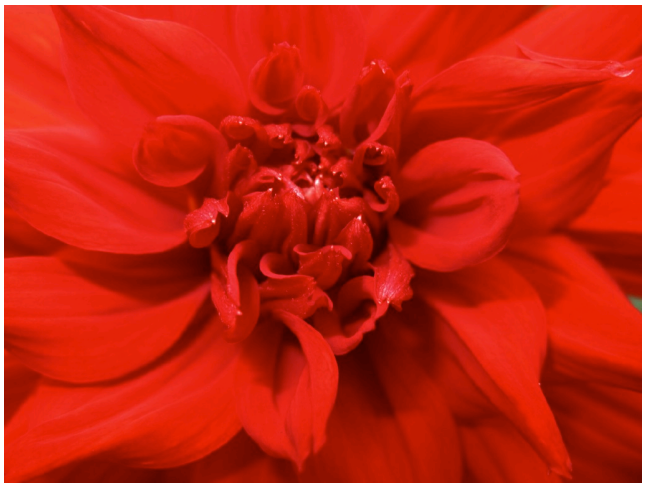

Brilliant, humorous, informative and engaging! Of all the thousands of people I've interviewed on my radio talk shows, Dr. Susan Smith Jones is my all-time favorite. I also have attended many of her motivational presentations around the country—from her VIP and holistic retreats, to her seminars, workshops, and even her culinary classes. To say that she has changed my life for the better would be an understatement. I am a healthier, happier, and more confident person because of her positive influence. Susan thinks quickly on her feet and can speak on any topic related to creating a healthy, balanced lifestyle; rising above self-imposed limitations and living fearlessly; achieving goals in record-breaking time; incorporating life-affirming thoughts and words; looking and feeling youthful; using foods, herbs and spices as medicine; managing and minimizing stress; living with passion; and so much more. At one of her presentations, I was fortunate to be in an audience of over a thousand participants; Susan had us all in the palm of her hand with the first words she spoke. She dazzled everyone from the stage, educating us on how we can all live our highest potential and be vibrantly healthy—physically, mentally, emotionally, and spiritually. Susan began the talk by saying this to us: *"One decision can change a person's life. Are you ready to make the decision now to create your very best life?"* When her talk was over, the entire audience gave her the standing ovation she deserved and we all chanted *more, more, more*. Her wealth of knowledge, combined with her sense of humor and elegant speaking style, make Susan the perfect choice as a speaker — whether for a lecture, workshop, seminar, keynote address, or MC for your business or event. Susan definitely has what it takes to generate within your audience the desire to tune in and listen to her intriguing, uplifting, and motivating presentations. My suggestion is to book her soon and ask her to return often.

— Nick Lawrence, Radio & TV Talk Show Host/Producer

It is with great pleasure that I recommend Dr. Susan Smith Jones as a guest speaker. Susan spoke at a Merrill Lynch-sponsored Symposium. Her talk included her amazing, personal triumphs in addition to practical solutions that we could all benefit from doing. The energy that she created in the room was palpable. Susan was the last of 10 speakers and we chose her, specifically, to be our final speaker because of how charismatic her talk is. She did an outstanding job of getting the audience involved and communicated with them on a very personal level. Her enthusiasm for her topic spilled over to every member of our large audience. Out of the 10 speakers that we had presenting, Susan was consistently the most highly rated speaker of the day. In fact, many comments on our evaluation sheets were to have Susan back as soon as possible and to give her more time to speak. I strongly suggest that if you are looking for a dynamic, energetic and motivational speaker, then Susan Smith Jones is the perfect person for you.

— Merrill Lynch

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The International Women's Conference on Possibility Thinking, held at the Crystal Cathedral was a tremendous success. The evaluations were high in their praise for the quality of the speakers and the depth and relevance in their presentations. Susan's contribution ranked at the top. Her seminar, *Choose to Be Healthy*, was right on target and much appreciated. She articulated important life principles, and one can see that she lives what she speaks. Susan challenged us to live life fully, positively, and in the moment, in a delightful and memorable way. We were all enriched by the thoughts she left with us. It was great to have her on our program. We will look for other opportunities where we might hear from her again.

— Program Committee, Crystal Cathedral, Garden Grove, CA

Thank you, Susan, for participating in Hewlett-Packard Laboratories *A Day of Wellness for HP Labs*. Your morning and afternoon keynote presentations were enthusiastically received. The talks were inspirational, thought provoking and humorous. You have a unique ability to delicately balance inspirational messages, practical information and personal storytelling. Balance and simplicity in life appear to be a concept that is obvious, but we tend to overlook the importance in our lives. Your *10 Steps to Living a Balanced Life* remind us that we can achieve harmony in our hectic lives. The HP Labs Community was delighted to gain new insight and information regarding holistic and cutting-edge approaches to maximizing well-being. Your professionalism added tremendously to the success of the event. I am happy to recommend you as a seminar leader or keynote speaker for other Hewlett-Packard events and to my vast network of other corporate colleagues worldwide.

— Hewlett Packard, Wellness Committee

Susan's latest presentation at our *Unity Spiritual Life Center* was as dynamic and inspirational as her many previous visits. Our staff and congregation continue to rave about her lesson in the Sunday service and her books and audio programs. I can't remember when we have had such an overwhelmingly positive response to a guest speaker. It's no wonder that we've invited her to participate at our church so many times over the years. Her terrific books and audio programs have always been best sellers in our bookstore. Now her gentle yet powerful presence adds another dimension to the outstanding person we have known through her work. Her life experience provides a living example of the truth she teaches.

— Rev. Margaret Melanie, Senior Minister, Unity Spiritual Life Center, Laguna Hills, CA

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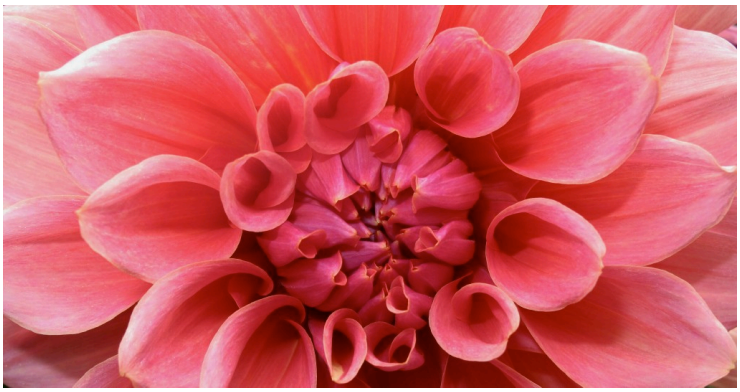

I am writing this letter in support of Dr. Susan Jones who participated as a speaker at the annual Conference of the National Health Association. Her fantastic presentation was titled *Choose to Be Healthy & Celebrate Life.* She covered all of the key points on how to create vibrant health and included her captivating 10 special tips on how to bring more balance and joy into our lives. Who doesn't need that? To say it was well received would not even begin to acknowledge her stellar presentation and presence for our event and with our group of participants from around the world. Her dynamic presence is an inspiration to all who desire to not only talk, but also walk the way of wellness, balance, peak potential and successful living. Her enthusiasm, experience, and her vast knowledge of the current fields of balanced living, nutrition, exercise and health were great gifts to our 5-day conference. She has a way of living the principles she speaks about that causes others to follow the way of healthy living. Dr. Jones is a vibrant expression of health, aliveness, and zest for living. Susan received the highest evaluations of all the speakers—medical doctors and other health professionals—who participated at our conference. Overall, she was the consummate speaker, that kind of speaker that every program director wishes for but rarely ever experiences. In fact, Susan was so terrific in every way that she already has a standing invitation to join us again every year that she is available. In closing, I have only the very highest praise for the work and person of Dr. Susan Smith Jones. It was both a corporate and personal blessing to have her with us.

— National Health Association, Executive Director

I am writing to highly recommend Dr. Susan Jones as a guest speaker and workshop presenter or for an inspiring, motivating media interview. She has presented our Sunday services and a variety of different workshops, retreats, and seminars on several occasions for us at Unity and has always been very well received. Susan is filled with enthusiasm and it's catching. Radiantly beautiful inside and out, she's one of the most amazing people I've ever met—a perfectly balanced person of inner strength, kindness, humor, and a peaceful equanimity. A storehouse of life-altering knowledge that is up-to-date, Susan is a Renaissance woman and gifted teacher who brings together modern research and ageless wisdom in all her work. There is also something else about Susan that is difficult to define. It's her total consciousness of love, joy, and well-being. We have all had workshop and seminar presenters who knew the material, but behind the scenes we were disappointed to find that they didn't really live the truth they are teaching. I assure you that Susan embodies the truth that she shares. Her books and audio programs are also among our best sellers, and these books and her work have made a positive, profound difference in my life. But I have one word of warning for you. Once you meet her, and you listen to or read her wonderful books and audio programs, you'll be inspired to make some major lifestyle changes for the better. So, get yourself ready—for a healthier and more joyful, peaceful you will emerge once you've met this glorious Renaissance lady.

— Rev. John Strickland, Senior Minister, Atlanta Unity, GA

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Susan Jones has been a guest on my radio talk shows many times and our phone lines always light up with questions for her and gratitude for her common-sense, humorous, and wise advice on how to be radiantly healthy and live a more balanced, sacred lifestyle. If you would like some practical, effective ways to deal with stress; if you desire to be healthier, happier, or more peaceful; if you want some insightful guidance on how to disease-proof your body; or if you want to create your best life, then I encourage you to experience this vibrant woman in person in the United States or worldwide. You can't go wrong with any of her holistic health retreats, especially ones with fewer than 15 people. I highly recommend her retreats in a castle in France and an estate in Italy. But if you don't have an opportunity to be with Susan in person, then by all means, read her books, especially ***Be Healthy~Stay Balanced***; ***Weight Loss Made Easy***; ***The Curative Kitchen***; ***Walking on Air***; ***Recipes for Health Bliss***; ***Health Bliss***; ***Healthy, Happy & Radiant . . . at Any Age***; ***NatureFoods*** and ***The Joy Factor***. These books will change your life for the better and help you get on the fast-track to vibrant health, youthful vitality, and balanced living. All of her books make excellent gifts, as well, to give to your family and friends for any occasion year-round.

—Vicki Chelf, Radio Talk Show Host and Author of *Vicki's Vegan Kitchen*

Susan's many books, motivational talks, radio and TV talk show appearances, and presence continuously inspire, motivate, and remind me that health, inner peace, and a joyful heart are available to me if I choose them. She is a master teacher of a balanced path of strength and heart. In all of her motivational work, whether her informative and uplifting books, keynote addresses, workshops, seminars, retreats, or radio and TV interviews, Susan always provides us with some valuable choices that can be used as building blocks in our lives that will allow us to be the best we can be. If we lived as Susan suggests, America could close most of its hospitals and jails and become a nation at peace with itself and a light for all others.

— Alan Cohen, Author of *A Daily Dose of Sanity*

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The connection between radiant health and happiness is profound. Susan Smith Jones wisely teaches us how we can beautifully nourish and sustain our body by eating nature's sensuous, colorful delicious, fragrant bounty from the earth — in this way, boosting out 'spirit-energy.'

— Alexandra Stoddard, Author Extraordinaire of many books, including of *You Are Your Choices*

Although Susan Smith Jones has three of America's most ordinary names, her achievements and accolades in the fields of optimal health, personal development, and balanced living are extraordinary. From her dynamic motivational presentations, retreats, and media interviews, you will learn how to look younger, detoxify your body, slim down, firm up, and rejuvenate body, mind and spirit. If you peruse her website and savor the pages of her healthy living book series ***Healthy, Happy & Radiant . . . at Any Age, The Joy Factor, Health Bliss, Nature's Medicine Chest, Discover the Healing Secrets in Your Spice Rack, Weight Loss Made Easy, The Curative Kitchen, Walking on Air, The Healing Power of NatureFoods*** and ***Recipes for Health Bliss,*** you will become master of your life with her empowering holistic lifestyle secrets. From this world renowned alternative-medicine expert, advice columnist, award-winning writer, and inspiring motivational speaker, you will also understand about the healthiest foods to eat, the best kitchen tips and nutritional supplements, the most delicious meals and snacks everyone will love, and the simple ways to boost self-esteem and live your best life.

— Ellen Tart Jensen, PhD, Executive Director of Bernard Jensen Intl. and Author of *Health is Your Birthright*

Susan Smith Jones is a shining example of vibrant health and youthful vitality. Her work is a beautiful blend of modern research and ageless wisdom. Combining sound guidance, humor, and practical tips, Susan's presentations and books will help you awaken to a new understanding of what graceful living and radiant energy is all about. Her vast culinary experience will provide you with a better understanding of the specific benefits of the plant kingdom as an excellent source of nourishment. Whether you are 18 or 88 and whether you live in North, Central, or South America; Europe; Asia; India; Australia; New Zealand, or the UK, Susan's motivational talks and books will bring joy and vitality to your life. I wholeheartedly recommend her work to everyone!

— John Robbins, Author of *Diet for a New America* and *Healthy at 100*

Photos by Junia Marie Chambers

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